COVID-19 Pandemic Awareness & Prevention

Dougbeh Chris Nyan, M.D.

Chief Medical & Scientific Officer (CMSO)
Shufflex Biomed
USA-Liberia-Rwanda
Rotary Club International- Monrovia, Liberia
17th April 2020



What is COVID-19

- A Virus, Coronavirus of Family *Coronaviridae*
- New virus called "SARS-CoV-2 or COVID-19
- Origin: Wuhan, China outbreak Nov 2019
- Causes Infection of Lower Respiratory Tract, Lungs
- Infects all ages, races, gender, social groups
- Cause of present Pandemic
- Similar to other Coronaviruses:
- Severe Acute Respiratory Syndrome (SARS)
 - Middle Eastern Respiratory Syndrome (MERS)





Case Comparison

Global Confirmed COVID-19 Cases

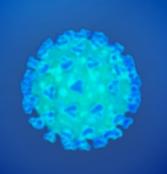
2,167,955

Global COVID-19 Deaths

146,055

Global Fatality Rate

6.7%



Confirmed Cases Deaths			Fatality Rate	
Liberia	73			8.2%
Guinea	438			1.2%
Cote D'Ivoire	688			0.8%
Sierra Leone	15	0		0%

Symptoms of COVID-19 Infection

PRE-SYMPTOMATIC

ASYMPTOMATIC

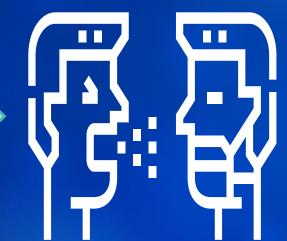
- Fever : >100.4°F (38°C)
- Coughing, Sneezing
- Chest pain
- Laboured Breathing
- Body ache, Fatigue
- Diarrhea
- Nausea
- Vomiting, etc.



Transmission of COVID-19

- Coughing
- Sneezing
- Talking
- Virus on surfaces
- Touching face, nose, mouth







COVID-19

Course of Infection

About 81% of Patients MILD ■ Mild Symptoms, Pneumonia About 14 - 50% of Patients **SEVERE** ■ Shortness of Breath, Lung Image ■ About 5% of Patients CRITICAL Respiratory Failure, Shock ■ Multiorgan Dysfunction



The elderly and people with underlying health conditions most affected

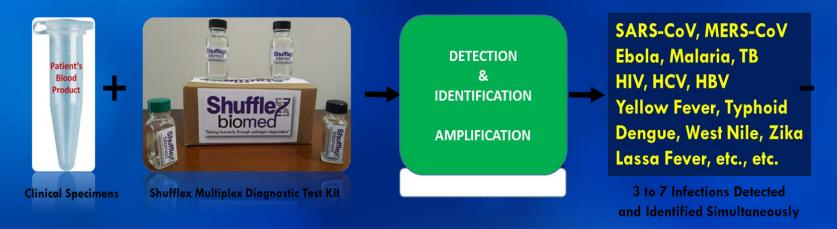
Diagnosis of COVID-19

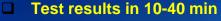
- Differential Clinical symptoms
- Laboratory, Molecular Biology
- Diagnostic devices
- □ (Rapid Tests, X-rays, CT)



Detection & Identification of 3 – 7 Infections in 10 – 40 Minutes

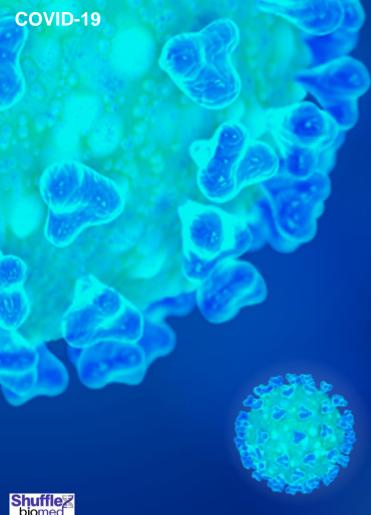
Illustrations of Shufflex Biomed Detection System – The NYAN-TEST





- Easy and simple to use
- Accurate and sensitive
- Tests up to 50 samples/hr
 - Portable, light weight





Treatment

(Symptomatic)

- **Fever-reducing drugs**
- **Acetaminophen (Tylenol)**
- **Paracetamol**
- Cuba's Alpha Interferon 2b, etc.,
- **Assisted Respiration Ventilator**
- No Chloroquine, Hydroxychloroquine now
- No Ibuprofen
- No Antibiotics (don't work for Viruses)



Prevention & Mitigation

(Implementation: Consider local, cultural, socio-economic realities)

Lock Down

- Stay-At-Home
- Curfew

- Mass Testing
- Isolation

- Quarantine
- Treatment

Vaccines Development in Progress



Prevention & Mitigation cont'd_

- Wear Face Mask, Shield
- Hand-Washing with soap
- Hand-Sanitizing with >65% Alcohol/Gel
- **■** Social-Physical Distancing >6-7 feet
- No Hand-Shaking, No Hugging
- Sneeze/Cough in inner angle of elbow





N95 Mask



Surgical Mask



African Prints Mask

- Ingenious use of local resources
- Provide PPEs for health workers
- Support health frontline workers
- **Support Public Health Institutes**



SHUFFLEX BIOMED TEAM

Chief Medical & Scientific
Officer

Board of Advisors/Directors

Legal, Business, & Administrative

Innovation & Molecular Diagnostic









Acknowledgements







HUMBOLDT-UNIVERSITÄT ZU BERLIN









